

# The Waves AAUW

January 2023- Volume 44 - Number 4

editor: jbslater2006@gmail.com

**President's Message** Ring in the New Year of 2023 with bells on. 2023 starts with you and me! We have the opportunity to restart our focus to promote inclusion and awareness for all members to create an equitable, sustainable, and inclusive membership reflective of today's world. AAUW recognizes the need to attract and retain members and to celebrate the diversity that all individuals bring. Members of AAUW have long raised awareness through their impactful initiatives, programs, and research. This is who we are and what we stand for. Look for monthly articles on Diversity, Inclusion, Equity, which will provide a better understanding of these terms and responsible actions related to these important themes. Thank you Jean Burns Slater, President

## January Events

- 2 6:30 pm Board Meeting: Zoom
- 5 11:30 am: Lunch Bunch DarWish Cuisine, Grover Beach
- 6 11:30 pm Daytime Page Turners: Mary Weeks home
- 10 6:30 pm Night Readers: Jeanne's home
- 17 4:30 pm General Meeting: Understanding Social Media  
Zoom <https://us06web.zoom.us/j/86773911794>
- 18 12:30 pm Finessing Femmes Bridge: Linda Lidberg's home
- 20 Newsletter Deadline

## February Events Preview

- 2 11:30 am Lunch Bunch
- 3 11:30 am Daytime Page Turners
- 6 6:30 pm Board meeting: Zoom
- No General Meeting:
- 20 Newsletter Deadline

## January Birthdays

- 4 Jean Burns Slater
- 8 Marjorie Ott
- 14 Mary Matakovich
- 15 Joan Knowlton
- 23 Liz Wineman

## January General Meeting

### Understanding Social Media

**When** – Tuesday, January 17  
4:30 PM

### Zoom

<https://us06web.zoom.us/j/86773911794>

**More information on page 4**

Marilyn Corey's Celebration of Life Service  
February 9, 1936–November 29, 2022  
January 16, Monday 1 pm at Cyprus Ridge Pavilion  
1050 Cyprus Ridge Parkway, Arroyo Grande, CA

## HOLIDAY SOCIAL AND GENERAL MEETING

The December General Meeting was held on Saturday Dec 10<sup>th</sup> 3 pm, which included a Potluck, Bell Ringers and Gift Exchange, all adding to a very festive event at the home of Lisa Walker. Thank you, Lisa, for providing this delightful setting and to Maureen Kelly and Lisa Walker for organizing this event. Special appreciation is extended to Judy Zaretko and Rebecca, the quintessential bell ringers.



## January Board Meeting

The January Board meeting will be held on **January 2 at 6:30 PM**, via Zoom. If you or your committee have an action item to place on the agenda for this meeting, please forward it to Jean Burns Slater, jbslater2006@gmail.com by December 30 for it to be considered at the meeting. Thank you!

## December Board Meeting Report

The December board meeting was held on **Monday, December 5 at 6:30 PM**, via ZOOM. This meeting met the quorum requirements. The information is included in this newsletter: Tech Trek, Budget Report including moving funds from unencumbered to Hospitality and Rental to cover expenses from Bingo/Silent Auction and our Holiday gathering. A change of the title of our reading program from Reading is Fundamental to Eager Readers was approved. See November Budget Report below.

### AAUW Five Cities Pismo Beach Treasurer's Report for November

Operating Expenses	Proposed Budgeted	Month	YTD
Community Center Rent	\$96.00		\$96.00
Membership Directory	<b>\$90.00</b>		\$86.13
Program Expenses	\$0.00		
Hospitality	\$0.00		
Insurance	\$202.00		\$202.00
Post Office Box Rental	\$166.00		\$166.00
President's Expenses	\$0.00		
Treasurer's Expenses	\$0.00		
Publicity	\$0.00		
Newsletter Expenses	\$10.00		
Out-going President's Pin	\$0.00		
Raffle/Bingo permit	\$30.00		\$30.00
Annual State Renewal Fee	\$25.00		\$25.00
Membership adjustment			\$87.00
Unencumbered funds	\$521.00		
<b>EXPENSES</b>	<b>\$1,140.00</b>	<b>\$0.00</b>	<b>\$692.13</b>

Account Balance 10.31.2022	\$45,013.26
Reserves (Tech Trek, Op. Exp.)	-26,360.60
Monthly reserve draws	\$0.00
Monthly expenses	See Note*
Monthly income	\$7,557.93
Remaining operating funds	\$26,210.59

\*Monthly Expenses Note: Bingo/Auction Expenses are under review, will be included in future reporting.

Operating Income	Proposed Budgeted	Month	YTD
<b>31 Memberships @ \$18</b>	\$540.00		\$558.00
Advertising (12 Sponsors)	\$600.00		\$700.00
<b>Operating Income</b>	<b>\$1,140.00</b>	<b>\$0.00</b>	<b>\$1,258.00</b>

Fundraising Income			
Fall Bingo and Silent Auction	\$7,557.93		
Adopt-a-Poll	\$0.00		
<b>Total Fundraising Income</b>	<b>\$7,557.93</b>		

Reserve 2022-2023	Carry Over	Distribution	Balance 22-23
Scholarship (10%)	\$0.00	\$391.50	\$0.00
Tech Trek (32.5%)	\$8,001.77	\$1,272.36	\$9,274.13
RIF (22.5%)	\$3,867.87	\$880.89	\$4,748.76
AAUW Funds (15%)	\$950.91	\$587.25	\$0.00
General Reserve (20%)	\$11,554.71	\$783.00	\$12,337.71
<b>Total Reserves on Hand</b>	<b>\$24,375.26</b>	<b>\$3,915.00</b>	<b>\$26,360.60</b>

Anticipated Fundraising Distribution 2022-2023 of \$3915.00		
Scholarship (10%)	\$391.50	This amount is added to the Carry over from 2021-2022
Tech Trek (32.5%)	\$1,272.36	
RIF (22.5%)	\$880.89	
AAUW Funds (15%)	\$587.25	
General Reserves (20%)	\$783.00	
<b>Fundraising Totals</b>	<b>\$3,915.00</b>	

<b>2022-2023 Dues collected to date, 31 members: \$3255.00</b>
<b>2022-2023 Dues paid to State/National: \$2697.00</b>
<b>Branch portion of dues: \$558.00 (\$18/member)</b>

## Friendship Outreach

Friendship outreach: Priscilla Alquist mentioned several of our members and friends who need a kind word from us. They are: Susan Opava, Nancy Sperling, Pat Muhlethaler, Wendy Robinson, sons of Marilyn Corey.



## January Five Cities Pismo Beach General meeting

**January 17, Tuesday, 4:30 pm via Zoom** , open to all AAUW Branches. The timely topic is **Understanding Social Media and An Introduction to SLO County Library Resources**

TikTok, WhatsApp, Instagram, Facebook, Twitter, Snap Chat, LinkedIn, YouTube: what are these all about? Kaye McMillen, Adult and Teen Service Librarian from the Arroyo Grande Public Library will be making a zoom presentation on these topics, as well as offering an introduction to our local public library services. This is our opportunity to advance into the 21<sup>st</sup> Century with a basic knowledge of these media platforms and how to use or not use them. Plus, details on the use of our public library system will also be presented.

The zoom link is below. Please share as appropriate and Social Media 101, here we come!! Thank you.

Topic: AAUW - Meeting with the Arroyo Grande Library

Time: Jan 17, 2023 04:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/86773911794>

Meeting ID: 867 7391 1794

One tap mobile

+16694449171,,86773911794# US

+16699006833,,86773911794# US (San Jose)

### Tech Trek



Chairperson, Linda Lidberg attended the state level meeting and provided the following information. Tech Trek will be both virtual and in-person camps in 2023. The committee plans to send six girls to UCSB camp at \$1150 per camper. The Board supported the agreement to send six campers in July. One alternate will be selected as well. Because two schools, Stanford and possibly Whittier, are not conducting Tech Trek this coming summer, the number of slots for attendees will be reduced.

Applications are all electronic, and teachers may not approach a possible candidate for Tech Trek without first contacting the parent of that student. Linda will contact the LMUSD and find if they have hired a STEAM coordinator. If so, Linda may contact that person to assist with finding possible Tech Trek candidates.

A new location for interviews must be found to replace a site at the LMUSD if the interviews are held on a non-school day. Two rooms are needed. The library was suggested as well as a community room in Avila. Tech Trek held a contest for a new logo, and one of our campers from July '22 designed the winning logo! McKenna Rose was awarded \$250 from Tech Trek. Congratulations McKenna.

### **WOMEN WITH A HEART! LET'S GROW!**

As we think about growing AAUW California, we sometimes forget about one of the most meaningful ways to invite new members. I had major surgery a couple of weeks ago. The recovery is slow and, to be quite honest, I am a little discouraged. However, two days ago four AAUW members dropped by to decorate my house for Christmas. They knew I was limited physically. They happily opened bins of decorations. I sat on the sofa and watched them decorate my tree, hang garlands, and arrange candles. Watching my friends and listening to their laughter, I could see something very clearly. Our superpower isn't our intellect or our accomplishments. It is much bigger than that. Our superpower is building relationships. If four women could make me feel such support and friendship, what could several thousand of us do within our branches, jobs, and communities?

## Lunch Bunch

### Lunch Bunch Thursday, January 5, 11:30 am DarWish Cuisine

DarWish Cuisine: 967 W. Grand St. in Grover Beach.  
Mediterranean and Persian food with inexpensive lunch specials.

Call or message Carole Dempsey with your reservations. 805-904-6646 email: [medipharmix@aol.com](mailto:medipharmix@aol.com)



Photo at Masons December Lunch Bunch

### Fall Prevention with Instructor Michelle is back. Two classes:

Fall Prevention: How to Prevent Falls

Fall Prevention: Strength & Balance

The new Arroyo Grande City Recreation Activity Guide has the incorrect price and each class is only \$5 each. The new session starts on February 8.

**Register [HERE!](#)** Or come in to the AG Recreation Office at 1221 Ash Street, Arroyo Grande. Thank you and let me know if you have any questions.

#### Kelly Reynolds

Volunteer & Program Coordinator

Recreation Services

Tel: 805-473-5473 | [www.arroyogrande.org](http://www.arroyogrande.org)

1221 Ash Street | Arroyo Grande | CA | 93420



### Women In History Herstory

In March we will celebrate our 31st year of presenting Women in History portrayals for the Elementary Classrooms in Lucia Mar Unified School District.

**March, 2023 we will again visit classrooms.** If you want to portray a Woman in History, please contact Kathy Cohon. There are scripts and costumes for you. And how shall we celebrate at our Branch meeting in March? Please let me know your ideas for a program.

Thank you. Cheers, Kathy Cohon



This virtual program for high school junior and senior girls is designed to elevate the next generation to pursue careers in public service and elected office. Over five two-hour sessions, students will engage in interactive and inspiring activities with exposure to women legislators, career options, and the inner workings of a political campaign. The program will culminate in a group competition to create a realistic campaign simulation.

### **Purpose**

Gov Trek is designed to address the paucity of women in the halls of power to consider careers in public service and elected office. One of the priorities of AAUW's core mission is to inform and empower girls in an effort to close the gender gap in traditionally male-dominated fields.

### **Program Format**

Gov Trek is conducted online in five two-hour Saturday sessions, each with a different focus related to careers in politics, public service and the inner workings of a political campaign. Students learn from speakers and panelists, including current and former legislators, staffers, and consultants, and then work in groups with an adult facilitator to complete activities such as writing speeches or designing political messages. The final project to create a campaign simulation is a team competition judged by VIP industry judges with awards in several categories.

Gov Trek is designed, delivered, and administered by AAUW California. Student recruitment is managed by the 90+ local AAUW branches across California.

### **Cost**

The program is free for students to attend.

### **Deadline**

- Interested students must complete and **submit their online registration by Saturday, January 14, 2023.**
- Parents must complete the **Eligibility, Liability and Photo Release** by Thursday, January 19, 2023.

**Click [HERE](#) to Register**

AAUW California [govtrek@aauw-ca.org](mailto:govtrek@aauw-ca.org)

## **PUBLIC POLICY**

**Kathleen Harper**, Director, Public Policy Committee Chair, [publicpolicy@aauw-ca.org](mailto:publicpolicy@aauw-ca.org)

### **NOVEMBER 8TH WAS A GOOD DAY FOR WOMEN!**

The election is finally over and overall, AAUW members can be pretty happy with the results. Here are a few highlights:

- One woman was added to each house of Congress: the U.S. House of Representatives and the U.S. Senate, bringing the numbers to 124 (H) and 25 (S).
- Of the total of 149, 54 are women of color.
- With Nancy Pelosi stepping down as Speaker of the House, we lost the most powerful woman's voice in government, but still have a woman on the minority leadership team, Minority Whip Katherine Clark.
- Governors of 12 states are now women.

- 23% of all mayors across the nation are women, including our brand new and first woman mayor of Los Angeles, Karen Bass.
- 32 women won seats in the California Legislature (total confirmed 44, 3 pending)
- All executive positions in California except Governor are filled by women, including Secretary of State, Lieutenant Governor, Treasurer, and Controller.
- Proposition 1 prevailed and women’s right to control their own reproductive choices is now enshrined in our constitution.

The California Public Policy Committee thanks each and every AAUW California member who voted, who assisted in our Voter Education (VE) campaign by spreading our messages on social media, who took the pledge to vote for Prop 1 (we had 437 sign up!), and who worked within their branches to do their own VE events. **Next challenge:** let’s add California to that list of states with a woman governor! Together we can – and will – change the world!



## Inclusion

### Definition of *inclusion*

the act of including: the state of being included the act or practice of including and accommodating people who have historically been excluded (as because of their race, gender, sexuality or ability) Source; Merriam-Webster Dictionary

Diversity is only the beginning, and it isn’t enough. To create truly diverse spaces, those spaces also need to be inclusive, where all parties feel welcomed, appreciated and respected — and have full access to all resources and can contribute to AAUW’s success.

As diversity advocate Verna Myers once said, “Diversity is being invited to the party, and inclusion is being asked to dance.” If you don’t have both, neither works.

### Diversity vs. Inclusion

Diversity refers to characteristics, the dimensions that make each of us unique. Inclusion entails behaviors and actions that make us feel welcomed or not. An environment that creates a sense of belonging, where everyone feels welcomed and included, is essential for the success of diversity efforts.

To be truly inclusive, we often have to change the culture — and culture shifts can make people uncomfortable or give the sense that they are losing something. But that is absolutely not the case. In fact, the exact opposite is true: [Research suggests](#) that in environments where people feel supported, welcomed, respected and valued are actually more productive; everyone feels a greater connection to the organization’s mission.

**Inclusion vs. Belonging**

If diversity means the characteristics that make us unique, and inclusion refers to behaviors and actions, then what is belonging? And why is it important?

Belonging is feeling like you are a part of something, that you, actually you, matter. It isn't necessarily about being liked — but rather being needed.

**AAUW needs all of these things together — diversity, inclusion, and belonging — for our branches to continue to grow and thrive.**



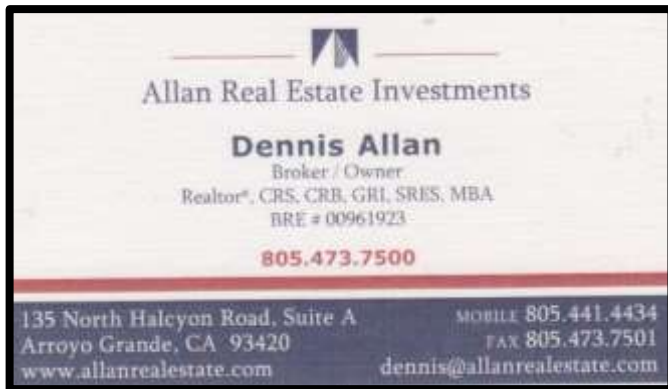
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