



MARCH 2020



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BOARD MEETING

If you or your committee have action items that need to be placed on the agenda for **March 2**, please forward them to **Rose Ann Steiner by Wednesday, February 26**, in order for them to be considered at the meeting.

The EQUITY FOR ALL Waves

**In honor of the centennial year of votes for women,
we will all participate in a historical review:**

THE BEGINNING – SENECA FALLS CONVENTION 1848

Be part of Readers’ Theater of the Convention and hear a reading of the “Declaration of Sentiments & Resolutions” from the Convention.

THE PUSH – White Hat Marches: 1908 - 1919

Wear your hat and sash. Carry a sign. Join in two songs, not historically of that time, but telling the story of the push for the vote.

ERA: 1923 – 2020

Join in a group reading of the ERA, latest version. Learn the requirements for an Amendment to the Constitution. Learn the status of the ERA in March 2020.

New, different, busy, informative, and fun! That's us.

Let's make this a memorable meeting.

Invite friends and prospective members. Yay us!!

~Kathy Cohon



THE MONTHLY NEWSLETTER OF THE FIVE CITIES PISMO BEACH, CA, BRANCH

NATIONAL WOMEN’S HISTORY MONTH

Bring your white hat** and sash to the March 16 meeting.
Wear a white blouse if you can.

****Come early, after 6 and before 6:45, to make a white hat.**



When: Monday, March 16

**Time: 6:00 Set up / 6:30 pm Social
7:00 pm Program**

**Where: Arroyo Grande Women’s Club
211 Vernon Street, AG**

Calendar 2020

March 2, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

March 16, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
*Celebrate 100 years of
Women’s Vote*

April 6, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex
1

April 20, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
*Scholarships, Tech Trek,
Elections*

May 4, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

May 18, 2020
Monday, 6:30-8:30 pm
Branch Meeting
Location TBD
Installation of Officers



MARCH BIRTHDAYS

Pat Muhlethaler..... 1
Susan Gray 12
Susan Oprava 14
Nancy Shannon..... 16
Maureen Kelly..... 23



AAUW CA ADVOCACY

AAUW California encourages its members to become involved in every level of the political process. We actively support legislation on educational equity and diversity in public schools, pay equity, reproductive choice, child care, school-based health care, civil rights, and responsible funding for public education that will improve the lives of women and their families.

AAUW CA participates in two main coalitions:

1. [CA Coalition for Reproductive Freedom](#)
2. [Stronger California Advocates Network](#)

CO-PRESIDENT'S MESSAGE

*Oh, 1920 was a very good year.
We'll bang on the drums
And shout out a big cheer.
All will rise up, all will take note
For 100 years, women could vote.*



Our celebration of the passage of the 19th Amendment to the U.S. Constitution begins this month. Five Cities Pismo Beach AAUW will play an active role in recognizing the 100th anniversary of women's suffrage by lauding women who experienced struggles, hardships, disappointments, discouragement, and despair for years before 1920. It took courage and perseverance. Today we are grateful and proud of those women who refused to give up the cause. Come to our branch meeting on Monday, March 16th, don your white suffragette outfit and hat and enjoy the celebration.

Rose Ann Steiner
Co-President

MEMBERSHIP

Hello everyone. Letting you know that you may pay your dues anytime now.

\$100 payable to:

Five Cities-Pismo Beach AAUW

Please make sure to add this to your budget.
Dues may be paid until June 30.

Please mail your dues to Susan Brazil.

IN OUR THOUGHTS

Three of our members have had recent health issues and have been sent get-well cards. Please keep them in your thoughts:

Susan Brazil is unable to drive, but can hold a book. She has 8 more weeks to heal.

Both Marilyn Corey and Kathi Pettersen are recovering from shingles.

~ Pricilla Alquist



Dear Five Cities Pismo Beach AAUW Branch,
Thank you for sending me to Tech Trek. It means a lot that you would raise the money in order for me and other STEM loving girls to go to places like Tech Trek. Again, thank you for allowing me to have this once-in-a-lifetime experience.
The core class I had for the week was marine science. I was super happy when I found that out because I was hoping for that class. One fun thing we did was go to the REEF (Research Experience and Education Facility). In the REEF we got to hold animals which was super fun. We also got to dissect kelp naptera. In the naptera we found cool sea creatures.

Some other fun things we did were going on a boat and going to the beach. On the boat we got to see hundreds of dolphins. At the beach we got to play in the sand and water. We also went on a short hike.

Thank you again for sending me to Tech Trek.

Sincerely, Claire Penton

TECH TREK

Tech Trek nominations from the science, math, and technology teachers at the three Lucia Mar Middle Schools are coming in and student applications will soon follow.

Interviews will be on Sunday, March 22nd.

The five girls selected for this summer's camps will be presented to members at our April meeting.

INTERBRANCH COUNCIL

The funds raised from last year's SLO Rep fundraiser have been designated for Tech Trek. Each of the five SLO County Branches (Paso Robles, Morro Bay, Atascadero, San Luis Obispo, and Five Cities) received \$200 for their Tech Trek funds. An additional \$1000 was used to sponsor a deserving young lady from the middle school in Cambria – a central coast community that does not have an AAUW Branch and has never been able to send a girl to Tech Trek.

Five Cities Pismo Beach The Waves

...is a monthly newsletter of the
Five Cities Pismo Beach, CA,
Branch of AAUW

Vol. 41, No.7 – March 2020

Co-presidents:

*Marilyn Corey, Pat Muhlethaler,
Rose Ann Steiner*

Treasurer:

Linda Lidberg

Secretary / Newsletter Editor:

Gayle Turner

Parliamentarian:

Jean Burns Slater

AAUW Funds / Public Policy:

Mary Matakovich

Membership:

Laurie King and Susan Brazil

Fund Raising:

Priscilla Alquist and Pat Zirion

Program Committee:

Mary Matakovich and Liz Wineman

Communication / Publicity:

*Susan Opava, Chair / Ads
Sandra Ku, Email Blast
Linda Lidberg, Website
Priscilla Alquist, Outreach*

IBC Representative:

Linda Lidberg

Newsletter deadline is the 20th of the month. Photos of interest group activities are welcome.

AAUW 5 Cities Website:

<https://fivocitiespismo-beach-ca.aauw.net>

In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

SPOTLIGHT ON CAROL ROWE



Carol Rowe has the distinct advantage of sharing the same last name as another one of our Branch members, Joyce Rowe. These two lovely ladies are sisters-in-law and share the same love of the central coast and Arroyo Grande and are both AAUW Five Cities Pismo Beach Branch members.

Born in Berkeley, California, Carol moved to Santa Barbara when her father worked in Santa Maria oil drilling production. Raised as an only, protected child, she was ready for independence and adventure, setting her sights

on Brigham Young University in Provo, Utah, upon high school graduation.

She was encouraged to attend college as a backup support in case her future life required her to be self-sufficient. She majored in Home Economics as a teaching field. She graduated in three years, taking summer programs as funding her education was a financial burden.

Carol's Fresno cousin, also attending Brigham Young, introduced Carol to a Fresno friend, Lyle, who became Carol's first and true love. Carol graduated in May and married in August. They were married for 53 years, before Lyle passed away in 2016. Lyle and Carol and Lyle's brother, Ivan and his wife, Joyce all decided to retire in Arroyo Grande, forming a family bond on the Central Coast in 2004.

Lyle and Carol's first child was a boy, and the couple, wishing for a girl, adopted a 13-day-old baby as a second child. The family unit was complete and when they were first married, Lyle and Carol managed an apartment complex in Berkeley. Carol went on to graduate school to earn a California teaching credential and picked up a minor in English.

Her first teaching job was in Home Economics but soon she was teaching remedial 10th grade English and Home Economics in San Diego. Carol followed her husband's career after he obtained a teaching position at Mesa Community College in San Diego. Not to be deterred, Carol went on to earn a Master degree

in Home Economics from San Diego State and a counseling credential from University of California at San Diego. She worked for 32 years at San Diego City Schools and even after retiring, she returned as a counselor to fill in for other retirees.

Carol's son has two children, ages 25 and 13, who she visits with regularly. These grandchildren have a multicultural background with one working for Sony, checking the dialogue of films when translating from English to Japanese. Carol's daughter is an outdoorsy type, living in Bend Oregon – the wonderland of outdoor sports.

Cruises, statewide, and international travel are big joys in Carol's life. She has established friendships with fellow travelers resulting in easy companionship. Carol is preparing for a cruise this spring to Latin America. She enjoys needlepoint, likes to enjoy gardens, but not the work involved. Restaurants with friends, movies, music, and Turner Classic movies all make up entertainment for Carol. Carol's message to others is to "be sensitive, kind, and think of others."

Years and years of helping young people is Carol's greatest accomplishment, thus her work on the AAUW Branch Scholarship Board.

Thank you, Carol, for your work with our local AAUW and your interest in our youth!



SCHOLARSHIP

Applications are coming in for the 2020 scholarship awardees. The deadline is March 5. Please strongly encourage any young woman you know who is qualified to apply.

High school senior women at Arroyo Grande High, Nipomo High, New Tech High and AVID seniors are all invited to apply.

This is such a gift our Branch gives to the community. Once we know how many applicants we have, we will share this information in the April newsletter.

It is an exciting time as college applications are completed and acceptance letters for seniors are soon to be received.

~Jean Burns Slater



White hat ladies at Five Cities-Pismo Beach
AAUW General Meeting, February 17, 2020

YOU'VE COME A LONG WAY, BABY...

...but You're Not There Yet!

Perhaps many of you will recall the Virginia Slims advertising slogan from the late 60's, "You've come a long way, Baby." This slogan aptly fits the rise of the feminist movement in America which most of us agree dates back to the Seneca Falls, NY convention in July 1848.

August 26, 2020 will mark the 100th anniversary of the passage of the 19th Amendment to the U.S. Constitution, the culmination of the Women's Suffrage Movement. It took over seven decades for a woman's right to vote to be guaranteed as the law of the land.

Since then, we have seen successive waves of the Women's Rights movement. Activists in the 1960's and '70's sought equal rights and opportunities along with greater personal freedom for women, similar to the goals of the suffragists, the first wave of feminism. But this second wave of feminism also encompassed every area of women's experience -- including politics, work, the family and sexuality. Major legislative victories were accomplished during this period: the Equal Pay Act, Title VII of the Civil Rights Act, Legalization of birth control for married and unmarried couples, Title X Family Planning Program, Title IX, the Rove v Wade decision and passage of the ERA.

Third-wave feminists sought to question, reclaim, and re-define the ideas, words, and media that have transmitted ideas about gender, gender roles, womanhood, beauty, and sexuality, among other things: while Fourth-wave feminism refers to a "resurgence of interest in feminism that began around 2012 and is associated with the use of [social media](#)." The focus has been on justice for women and opposition to [sexual harassment](#) and [violence against women](#). The movement is "defined by technology," according to a [British feminist](#), and "is characterized by [social media tools] that challenge misogyny and further gender equality." Issues in the forefront include street and [workplace harassment](#), [campus sexual assault](#) and [rape culture](#). Scandals involving the harassment, abuse, and murder of women and girls have kickstarted movements such as the "Me Too" Movement.

Where will feminism go from here? We've still got our work cut out for us as well as some unfinished business; namely the ratification of the Equal Rights Amendment, which has now obtained approval by the requisite 38 states, and faces court challenges or perhaps a legislative solution; and the ratification by the U.S. Senate of the Convention on the Elimination of all Forms of Discrimination Against Women (CEDAW), the international bill of rights adopted by the United Nations in 1979. AAUW has played a notable role in all these waves of feminism and I am sure will continue to do so as we strive for social and economic justice-- because we're not there yet.

Ginny Hatfield

AAUW – CA Public Policy Committee

INTEREST GROUPS

LUNCH BUNCH

Meets: 1st Thursday of the month
March 5, 2020

Time: 11:30 am

Where: *Rosa's Italian Restaurant*
 491 Price Street, Pismo Beach

Please **RSVP to Joan Knowlton by March 3rd**.

~ Joan Knowlton



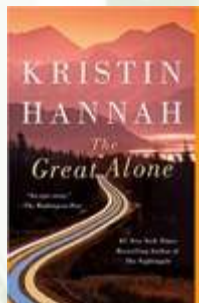
NIGHT READERS

Meets: 2nd Tuesday of the month
 March 10, 2020

Time: 7:00 pm

Location: Pat Muhlethaler's home

Book: *The Great Alone*
 by Kristen Hannah



The book for discussion depicts a desperate family seeking a new beginning in the wilderness of Alaska, after the father begins to suffer from post-Vietnam military trauma.

The evening Book Club is currently filled to capacity. ~Sandra Ku

Looking ahead:

The April selection is "The Light of the World," by Elizabeth Alexander.

GREAT DECISIONS

Meets: 4th Monday of the month
March 23, 2020

Time: 7:00 pm

Location: Priscilla Alquist's home

Hosts: Priscilla Alquist / Kathi Pettersen

Topic: *Red Sea Security* →



FINESSING FEMMES BRIDGE GROUP

Meets: 1st Weds of the month
 March 4, 2020

Location: Laurie King's home
 ~Laurie King

PREPARE TO DISCUSS THE WORLD!

What do you know about Red Sea Security? Great Decisions will be discussing this topic as a vital waterway access through the Suez Canal and the narrow Bab el-Mandeb passage and the Gulf of Aden dividing and linking Africa and the Middle East.

Our March Great Decisions article and topic is about conflict, regional and global competition and oil in the Red Sea zone. The next Great Decisions meeting is on Monday, March 23.

Great Decisions activities are centered on "Democracy cannot succeed unless those who express their choice are prepared to choose wisely. The real safeguard of democracy, therefore, is education", Franklin D. Roosevelt. We share in the global education of the American citizenry. ~Priscilla Alquist / Jean Burns Slater

Independent AAUW Interest Group Contacts:	Official AAUW Interest Group Contacts:
Cooking Group <i>Lisa Walker</i>	Great Decisions <i>Priscilla Alquist / Jean Burns Slater</i>
Daytime Page Turners <i>Jean Burns Slater</i>	Lunch Bunch <i>Joan Knowlton</i>
Quilters <i>Linda Lidberg</i>	Night Readers
(These groups have become independent of AAUW in order to be inclusive of readers who are no longer members.)	Book Group <i>Sandra Ku</i>
	Theatre Goers <i>Judy Zaretzka</i>

BINGO / SILENT AUCTION

Our next successful and vibrant Bingo and Silent Auction 2020 will be on **October 17th** at St. John's Lutheran Church in Arroyo Grande.

We will need everyone's assistance again this year. Because we don't meet in the Summer months, the committee has decided to begin soliciting donations and selling tickets this Spring.

So in March, we will be sending out the list of possible businesses, and we would like all to sign up to ask for donations. That really might be easier since often businesses have a quota for donations per year. And by asking sooner, we can be more likely to receive a donation than if we wait until September.

Tickets will also be available at the March meeting on the 16th.

We made a little over \$10,000 last year, so with your help we can surpass that!! ~Pam Zirion & Kathy Cohon

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*We are pleased to support the
 Five Cities-Pismo Beach
 Branch of AAUW
 in their efforts to advance equity
 for women and girls!*

~ Patti and Dick Melsheimer

**We are delighted
 to support the
 Five Cities-Pismo Beach Branch
 of AAUW**

Andi, Jeff, and Allison Portney



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AAUW NEIGHBORS NEWS

The annual **FIVE-GARDEN TOUR** sponsored by the **MORRO BAY** Branch of AAUW is set for **SUNDAY, APRIL 26TH FROM NOON TO 5:00 PM.**

Tickets are \$15 and may be purchased after April 1st at various outlets.
 More information will be available in the April Newsletter.



Atascadero AAUW

Invites you to join us for our celebration
 of the centennial of women suffrage

DATE: WEDNESDAY, MARCH 18

PLACE: ATASCADERO LIBRARY COMMUNITY ROOM

TIME: DOORS OPEN AT 6:30 P.M. PROGRAM BEGINS AT 7 P.M.

Wear White!

SPEAKERS

**JANICE CARR, CO-CHAIR OF THE LEAGUE OF WOMEN VOTERS
 CENTENNIAL CELEBRATION COMMITTEE**

**GLENN SILLOWAY, POLITICAL SCIENTIST, MARKETING CONSULTANT
 AND PRESIDENT OF THE MORRO BAY HISTORICAL SOCIETY**



THE SPEAKERS WILL ENGAGE THE AUDIENCE IN AN INTERACTIVE DISCUSSION

REFRESHMENTS WILL BE SERVED