



FEBRUARY 2020

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BOARD MEETING

If you or your committee have action items that need to be placed on the agenda for **February 3**, please forward them to **Marilyn Corey** by **Tuesday, January 28**, in order for them to be considered at the meeting.

Calendar: 2020

February 3, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

February 17, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
Book Exchange & Social

March 2, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

March 16, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
Celebrate 100 years of Women’s Vote

April 6, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

April 20, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
General Meeting
Nominations

May 4, 2020
Monday, 6:30 pm
Board Meeting
AG Hospital Annex

May 18, 2020
Monday, 6:30-8:30 pm
Branch Meeting
AG Women’s Club
Scholarships, Tech Trek, Elections

The **EQUITY FOR ALL** Waves



THE MONTHLY NEWSLETTER OF THE FIVE CITIES PISMO BEACH, CA, BRANCH

BOOK EXCHANGE, SOCIAL, and LAUNCH of 19TH AMENDMENT CELEBRATION



➤ **BRING: Books** (optional)

Our February meeting will be our annual book exchange. If you wish to participate, bring a reasonable number of books to give or exchange with other members. Books will be placed on the exchange table. At the end of the evening, members must take with them any books they brought which were not taken by other members. Come early to help set up between 6 and 6:30...

➤ **BRING: Your imagination!** We are decorating suffragette hats for the March 16th meeting.

Materials will be provided for you to make and take home your own white hat to celebrate this Centennial Year of the Vote for Women. Please plan to donate \$5 for hat, flowers, ribbons, and tulle for your creation OR bring your own hat, flowers, glue gun, etc., to decorate.

When: Monday, February 17

Time: 6:30 pm Social (NOT a potluck)

7:00 pm Program

Where: Arroyo Grande Women’s Club

CO-PRESIDENT'S MESSAGE

As we close out our January activities, a special thanks goes to our Program Co-Chairs, Liz Wineman and Mary Matakovich for our excellent January Program on Healthy Aging. Michelle Clark, Health Educator, explored myths and truth about with us.

Now to February, a month I find most interesting. It is the shortest of the year, usually the coolest and has a plethora of interesting and unique calendar events. To name just a few, we can celebrate Heart, Black History, Canned Food, American Pie, National Bird Feeding, Cherries, Children's Dental Health, Grapefruit, and Spunky Old Broads Month. Then there are the ones we all recognize: Ground Hog's Day, Super Bowl, the Oscars, Valentine's Day and the birthdays of our famous Presidents.

Mark your calendars now for our February 17 meeting which is the annual Book exchange and social. A special addition to this meeting is the opportunity to create your white hat to celebrate the 100th anniversary of Women's Suffrage. Then you can proudly model your creation at the March meeting!

Happy Valentine's Day to all!

Marilyn Corey, Co-President



MEMBERSHIP

Hello everyone!

Our upcoming general meetings would be a great time to bring friends so that they may learn about our branch.

The January speaker gave us great information on aging, and February will be a sharing and socializing time.

Please think of including others in our activities by bringing them to our meetings on the third Monday at 6:30pm. See you soon!

~Susan Brazil, Co-Chair



WOMEN'S HISTORY MONTH



March, **Women's History Month**, is coming soon and our Branch will offer portrayals by our members to the 4th, 5th, and 6th grade classrooms in Lucia Mar School District. If this sounds like a project you want to help with, please contact us.

We want to offer portrayals of **famous and curriculum-related women** and of the **big names in the Suffragette movement**. We have scripts, and costumes, and wigs to make it easy for you to become a **Woman in History, a WIH**.

You can contact us to make this work for all, scheduled around your availability and teachers' requests. We will offer to visit the schools **Friday, March 13 – Tuesday, March 31** and **until April 3**, if you are available and we get requests. Thanks!

~ Contacts: Kathy Cohon & Pam Zirion

FEBRUARY BIRTHDAYS

Marilyn Corey 9

Sandra Ku 12

Angela Brokaw..... 17

Erica Hinojosa 26



Five Cities Pismo Beach The Waves

...is a monthly newsletter of the
Five Cities Pismo Beach, CA,
Branch of AAUW

Vol. 41, No.6 – February 2020

Co-presidents:

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Rose Ann Steiner*

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Mary Matakovich and Liz Wineman

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*Susan Opava, Chair / Ads
Sandra Ku, Email Blast
Linda Lidberg, Website
Priscilla Alquist, Outreach*

IBC Representative:

Linda Lidberg

Newsletter deadline is the 20th of the
month. Photos of interest group activities
are welcome.

AAUW 5 Cities Website:

[https://fivecitiespismo-beach-
ca.aauw.net](https://fivecitiespismo-beach-ca.aauw.net)

In principle and in practice, AAUW
values and seeks a diverse membership.
There shall be no barriers to full
participation in this organization on the
basis of gender, race, creed, age, sexual
orientation, national origin, disability or
class.

2019



Dear Five Cities Pismo Beach Branch,

I would like to thank you from the bottom of my heart. Tech Trek is one of the most magnificent one-time experiences that really impacted my life. I have learned so much at camp and the food and young and unique ladies there are so generous and amazing. There, I really felt at home with all the new friends I made while I enjoyed the moments that last.

There are so many spectacular moments that happened at camp, such as making nitrogen ice cream and learning about the periodic table and scientific elements. Unlike those moments at Tech Trek, my roommate and I experienced a nerve-wracking moment where we both got locked out of our dorm room. One of the most important lessons that I learned about Tech Trek was that “early is on time, on time is late, and late is unacceptable.” In addition, I also began to think more about daily math problems.

My core class was marine biology. My teacher, Scott Simon, taught us multiple lessons such as the “3 flavors of water”, more about marine life, and biotic and abiotic factors. We also went to the REEF aquarium where Scott is the director. We also learned about how we would live by temperate waters. I really enjoyed the jokes, humor, friends, and lessons I learned and met with this class.

Tech Trek is one unique camp for women to step up and become leaders and I believe I can be one of those leaders one day. Without the impact of Tech Trek in my life, I would not have learned about the colleges and the need to begin saving early.

I hope that I can later serve as a junior or senior counselor at Tech Trek and watch the girls among me learn, just like I had at my magical experience here. I am very thankful and excited to discover the new pathways, colleges, and dreams that are held within my future’s discoveries.

Once again, thank you so much with grace and love from,

Sherry Andrawes



2020 TECH TREK

The Tech Trek Committee is getting ready for Tech Trek interviews and selection of our five campers for summer 2020’s camp at UCSB.

Teacher nomination packets will have gone out to science, math, and technology teachers at Lucia Mars’ three middle schools. Student applications and essays should be arriving soon.

Interviews will be in March and presentation of this year’s campers will be at our April 20th meeting.

SPOTLIGHT ON... ??? MYSTERY WOMAN ???

Iowa born and raised, educated at the University of Minnesota, lived in Greeley Colorado, moved to California before moving to Washington State, New Hampshire and three different locations in California and then settling down as a retiree in Arroyo Grande. Now who could this be? She had a five-year courtship ending with a Hawaiian theme for her wedding in Minnesota. She was the first of her family to attend college, obtaining a nursing degree and later returned to college in her forties for a second degree in physical therapy.

Her youth family believed that she should attend college but there were no serious plans made to finance or support her. She was awarded a scholarship from a woman's organization and that set her on her way. She met her husband while she was horseback riding at the University of Minnesota and soon followed him as he completed his studies at the University of Northern Colorado. She worked as a lab tech in Colorado and after going to New York to set up a lab for her boss, her then boyfriend decided she should be his wife and within a month they were married with that Hawaiian theme wedding.

They had two children, a girl and a boy and she followed her husband's career path with Univac, one of the earliest commercial computer employers, finally landing in the

Silicon Valley. However, our spotlight woman continued in her own career path, advancing herself, earning a Phi Theta Kappa award in Physical Therapy, working in water therapy for people with physical limitations.

Our spotlight woman discovered the central coast when her daughter attended the University of California at San Diego and in settling a family member's estate after death. Once they found Avila, they purchased a home and a sail boat and proceeded to sail 5,000 miles along the California and Baja, Mexico, coast on a 36 foot sail boat.

They were fully self-contained with a wind generator, solar power, radar, water maker, diesel motor, and checked in with a group of other sailors for general safety; flying home once in a while to check family. This journey lasted for 2 years before selling the sail boat and settling down in Arroyo Grande, where they have lived for 18 years.

Hobbies include outdoors with gardening, biking, sailing, snorkeling, snow skiing, pool exercise, and kayaking. She drove her own Honda 400 cc motorcycle for many years. She enjoys music and thus attends Bluegrass festivals, follows her husband's band to gigs, and plays her ukulele once in a while. She has bicycled in Europe five times and ten countries.

Travel broadens her world to see what other people value.

She believes in giving back to college-age women and has participated in Women in History with our Branch. She has accepted the challenge of a life adjustment as her husband has developed serious health issues. Her philosophy of life is, "you are never too old to learn something new."

Let's see what she will learn and share with our Branch next! Thank you, Mystery Woman, for being our Spotlight this month!

(Have you guessed yet? Check out page 6 to discover who this mystery woman could be)

SCHOLARSHIP

The Scholarship applications are out and senior women students at Arroyo Grande, Nipomo and New Tech High Schools are encouraged to apply.

The plans are to award at least four scholarships of \$1,500 each, with two awarded to Arroyo Grande seniors, one to New Tech High and Nipomo and one to an AVID student.

Our endowment account as of November 30 was valued at \$140,171. Thank you to Branch members and to the Five Cities Pismo Beach community for building up this gift for our local young women.

~Jean Burns Slater

INTEREST GROUPS

GREAT DECISIONS

Meets: 4th Monday of the month
February 24, 2020

Time: 7:00 pm

Location: Priscilla Alquist's home

Host: Jean Burns Slater

Topic: *India and Pakistan*

Prepare to Discuss the World!

Our February Great Decisions article and topic is India and Pakistan.

India only obtained independence from Britain in 1947 after much conflict and a partition of Muslims from Hindus creating Pakistan. The government of India is considered the world's largest democracy and 67% of India's 900 million registered voters cast ballots in 2019. But what is to become of an India with a weak economy, rising joblessness and an agrarian crisis?

Learn about this complex country, its history and its neighbor, Pakistan, at the February's Great Decisions meeting. The video begins at 7:00 pm at Priscilla Alquist's home in Arroyo Grande, with a lively discussion to follow. There may be still a spot or two available for new attendees.

Please contact one of us if you are interested in joining the group:

~ Priscilla Alquist / Jean Burns Slater

NIGHT READERS

Meets: 2nd Tuesday of the month
February 11, 2020

Time: 7:00 pm

Location: Linda Keetch's home

Book: **The Library Book**
by Susan Orlean

This work of non-fiction details the burning of the Los Angeles Public Library over 30 years ago, when 400,000 books were destroyed and 700,000 more were damaged. It still remains a mystery as to the origin of the fire, despite exhaustive investigation and suspicions that a local actor was guilty of arson. The book explores the larger role that libraries play in our lives and culture... The evening Book Club is currently filled to capacity.

Looking ahead:

The March selection is "*The Great Alone*," by Kristen Hannah.

Contact: Sandra Ku



LUNCH BUNCH

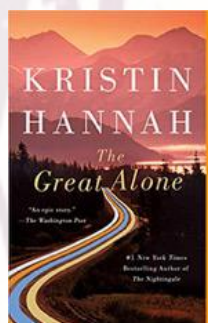
Meets: 1st Thursday of the month
February 6, 2020

Time: 11:30 am

Where: Thai Villa
626 West Tefft St., Nipomo

Please **RSVP to Joan Knowlton by February 4th**.

Contact: Joan Knowlton



FINESSING FEMMES BRIDGE GROUP

Meets: 1st Wednesday of the month
February 5, 2020

Location: Laurie Kings's home

We need one more player! If you are interested in playing bridge, please contact Laurie King for details.

Official AAUW Interest Group Contacts:

Great Decisions	Priscilla Alquist / Jean Burns Slater
Lunch Bunch	Joan Knowlton
Night Readers Book Group	Sandra Ku
Theatre Goers	Judy Zaretzka

Independent AAUW Interest Group Contacts:

Cooking Group	Lisa Walker
Daytime Page Turners	Jean Burns Slater
Finessing Femmes (Bridge Group – needs one more member)	Marilyn Corey
Quilters	Linda Lidberg

(These groups have become independent of AAUW in order to be inclusive of readers who are no longer members.)

Maggie's Place

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The Spotlight Mystery Woman is none other than Sandra Pitt... What a fabulous life story, Sandra!

*We are pleased to support the
 Five Cities-Pismo Beach
 Branch of AAUW
 in their efforts to advance equity
 for women and girls!
 ~ Patti and Dick Melsheimer*

**We are delighted
 to support the
 Five Cities-Pismo Beach Branch
 of AAUW**

Andi, Jeff, and Allison Portney

AAUW IBC FELLOWS LUNCHEON
 Sponsored by the Santa Barbara County Interbranch Council

Saturday, February 22, 2020
11:30 a.m. - 3 p.m.
Santa Maria Inn
801 South Broadway, Santa Maria

Keynote Speaker
Kristan Culbert
2019-2020 AAUW Career Development Grant Recipient

Tickets: \$35

Includes choice of grilled salmon with rice pilaf & grilled vegetables; chicken cordon bleu with mashed potatoes & vegetables; or Mediterranean pasta (vegetarian); all options include choice of beverage and dessert. **Deadline for reservations is February 12, 2020.** Please, send payment directly to your individual branch treasurers (include meal choice). They will mail a final branch check payable to AAUW-SM with all menu choices to: **Marlon Patterson, 1663 Chadwell Dr, Santa Maria, CA 93454.** Seating is limited to the first 100, so reserve early! Accessible facility and ample parking.

Wear White
 for a Centennial Suffrage Celebration

Kristan Culbert is an environmental scientist working at the intersection of conservation and environmental justice. Her research focuses on the use of green infrastructure to improve both urban hydrology and health outcomes. In Summer 2019, she studied community-based water management in rural India. After completing her master's degree in environmental science and management at University of California, Santa Barbara, she plans to complete her Ph.D. and work as a research scientist at a nongovernmental or government agency. She is sponsored by several AAUW branches including Lompoc-Vandenberg.

