

# AAUW The Waves

empowering women since 1881

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Five Cities – Pismo Beach (CA) Newsletter

Summer 2014

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<http://fivecitiespismo-beach-ca.aauw.net>

## Presidents' Newsletter

### 35<sup>th</sup> Birthday Year

You say it's your birthday? Well it's our birthday too!! Join in the celebration of our AAUW Branch's 35<sup>th</sup> Birthday. We will be celebrating all year in honor of 35 years as an established AAUW branch, advancing equity for women and girls through advocacy, education, philanthropy, and research.

Our Branch cannot exist without members like you, committed to the AAUW mission. You joined AAUW for very good reasons and we thank you. As we plan for the 2014-2015 year we look forward to better meeting your needs as a supporter of the AAUW mission. Please let us know suggestions or ideas you have to improve our Branch and celebrate our birthday year.

Enjoy your summer and get ready to party.

Marilyn Corey and Jean Burns Slater  
Branch Co Presidents



## Membership Memo

Cheers! applause! Yay! and Hooray! Almost all members have renewed. Have you? In order to remain a member and be included in the branch's directory, your payment must be paid to the Branch so that it can be received by National prior to the end of June, including the time to be processed through our Branch's treasury and the post office mail. I'll even be happy to accept your check hand-delivered to my door as soon as possible.

At the lovely Installation luncheon meeting, you met recent member **Barb Deel**. At the Welcome Back event this fall, I will be pleased to introduce our newest members, **Stacy Meko, Anita Shower, Connie Rodgers, and Carol Nielson**. Please attend in order to get acquainted and to welcome these ladies into your interest groups.

Judy Zaretska, VP Membership 2013-2014



## CALENDAR — Summer 2014

### June

19	Finessing Fems	12:30 pm
21	Cooking Together	5:30 pm
23	Great Decisions	7:00 pm
27	Hand and Foot Canasta	9:30 am



### July

3	Lunch Bunch	11:30 am
8	Night Readers	7:00 pm
16	Oklahoma PCPA	1:30 pm
17	Finessing Fems	12:30 pm
26	Cooking Together	5:30 pm
27	Hand and Foot Canasta	9:30 am

### August

1	Daytime Book Group	11:30 am
12	Night Readers	7:00 pm
21	Finessing Fems	12:30 pm
22	Hand and Foot Canasta	9:30 am

# SAVE THE DATE

## Sunday, September 14

At our Welcome Back Tea in September, we will celebrate our **35th Birthday**. Yes, Five Cities--Pismo Branch is 35 years young!

At 2:00 we'll meet at the lovely home of Karen Thomas. Mark your calendars now. Watch for more information in the August Newsletter.



**To: All Branch Members**

**From: Liz Wineman and Sue Singer**

As you know, we are "retiring" as Tech Trek Coordinators in July, and we are looking for people who want to take over this important project. We have been asked to create a Timeline for Tech Trek tasks over the course of a sample year.

The busy time for a Tech Trek Coordinator, or Coordinators, is from January through March. During that time, letters are sent to teachers requesting their nominations for potential campers, nominees apply by submitting applications and essays and interviews are held. Then, later in April, the scholarship winners are presented at the Branch General Meeting and former campers share their Tech Trek experiences.

This important AAUW STEM Project needs to continue in our branch. This year there were 24 campers from all five branches in SLO County. When we think of the approximately 1,000 participants in the Tech Trek camps across the state each year, the impact of the program is evident. Over 10,000 girls have graduated from Tech Trek since its inception in 1998. As of this year, Tech Trek is being replicated in seven additional states across the nation.

**Please consider stepping up to take the reins of this special project!**

**Contact Liz Wineman (wino90@msn.com, 925-0304) or  
Sue Singer (sue.singer@charter.net, 474-0818) for more information.**

**EDITOR'S NOTE:** The reality of any volunteer organization is that if no one steps up to fill positions, then events and activities do not happen. On the next two pages you will find a timeline of tasks required for our Branch to send young girls to Tech Trek — an AAUW Mission Based program. Liz and Sue have been doing this job for 12 and 11 years respectfully. It is now time for others to step up! Liz and Sue have everything carefully organized and will serve as mentors but need YOU to take on the various tasks. Look at the list, select a few tasks that you would LOVE to do, and let either Jean Burns Slater or Marilyn Corey know how important this Branch program is to you. The talented and eager young ladies we met in April at our General Meeting may will be the last campers if we do not take on these tasks. We need one person who can act as the coordinator for those wonderful members who choose to accept the honor of making a difference in the life trajectory of a young woman.

## TECH TREK TIMELINE

### September

Contact State Tech Trek Coordinator with Tech Trek Chair contact information.

Decide on number of campers for the following summer camp at UCSB.

### October

**OCTOBER 15:** Deadline to email # of campers and preferred camp to State Tech Trek Coordinator.

### November

Email camper/parent camp evaluations to last year's families.

Complete school personnel updates.

Invite former Tech Trek families to Bunco.

### December

Finalize School Personnel information.

Review Tech Trek Timeline for the year.

Review tasks and assignments for the year.

Review state information.

Review financial spreadsheet and fundraising efforts.

Review evaluations sent to campers and parents.

### January

Update all letters and correspondence and distribute to committee members.

Write letters to companies or service groups for donations (Melfred Borzall, Inc. & others, if identified); write thank you letters at a later date.

Mail letters and brochures to principals and counselors after winter break.

Create packets for all math/science teachers and deliver packets to teachers the following week with letter, brochure, camp dates and nomination procedure, including nominee envelope (1 per teacher) for students.

### February

Early to mid February is deadline for teachers to submit nominations to Tech Trek Committee. Students write essays, complete applications and essays.

Arrange Superintendent's Office for Interviewing--application and insurance

### March

**MARCH 1:** All money and completed spreadsheet must be mailed to UCSB Camp Treasurer. Letter is sent to applicants and interview schedule is finalized.

Committee Meeting to distribute copies of nomination paperwork to members.

**INTERVIEWS** with students and parents on a Sunday in mid to late March; identify scholarship recipients and alternates

### April

Interviewees are notified of winners/losers; invite winners to April Meeting.

Invite former campers to April Meeting and give suggestions for speeches.

Notify school personnel of winners and invite them to April Meeting.

**APRIL 15:** Deadline for camper names and contact information to be sent to the UCSB Camp Director.

**Third Monday:** Tech Trek Presentations at AAUW Meeting, along with Scholarship Presentations.

## May

Prepare for IBC Ice Cream Social in June.

## June

**IBC Ice Cream Social** for all area Tech Trek Campers and families.

Before camp, answer any questions for camper families and confirm that all paperwork is completed and sent to camp.

Co-Chairs present next year's Tech Trek Goals and Budget at Board Planning Meeting.

## July

**UCSB Camp: BLACKWELL**

Branch members are invited to visit camp on Thursday of the camp week.

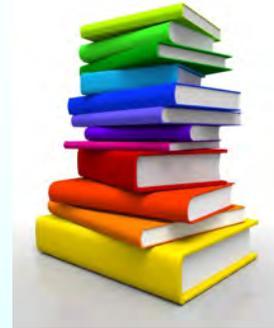
## August

**2nd UCSB Camp: HYPATIA**

Branch members are invited to visit camp, if not in July.

## BIG AAUW 2014 Book Sale

With more books than ever, our branch BIG AAUW Book Sale made close to \$4000 for branch projects, advertised our branch, and brought in potential new members.



We appreciated all the help we got from members, their families, and the community. We appreciated Judy Gabriel for letting us have 10 book sortings from February to May in her garage. We thanked AG K-Mart for the use of their parking lot, the Orcutt Mineral Society for the tables, Scout Troop 26 for their help, and Goodwill for reselling the remaining books. New to this year's sale was a November pre-sale during Bunco and an extension of the May 17th hours of the sale until 3pm.

Look for information on the 2015 Book Sale from your new Co-Chairs Linda Lidberg and Kathi Pettersen.

Thank you for allowing us to be your 2014 Co-Chairs,  
Alice Addison and Judy Gabriel

## FINESSING FEMMES

YES WE PLAY THRU THE SUMMER!!

JUNE 19, 2014----- CLAIRE GORDON'S Home

JULY 17, 2014----- ELAINE OLSEN'S Home

AUG. 21, 2014----- ROSE ANN STEINER'S Home

ELVERA HORNUNG, 595-9314



## Great Decisions

The Great Decisions Group will meet on Monday, June 23rd at 7:00 pm at Mary Jo's home, 330 Leeward, Shell Beach, Ca. The topic will be Food and Climate (page 63 in the study guide). In addition to watching the DVR on the subject, members will report how countries they have visited have obtained their food supply. Visitors are welcome to attend. For questions call Mary Jo Aspinall, 556-0193

Great Decisions will not meet in July or August.

Mary Jo Aspinall, Chairperson



## Cooking Together – Summer Events

Please join us for our next dinners in June and July at 5:30 p.m.

June 21, 2014      Anna Zucker      azuckertchr@hotmail.com



July 26, 2014 Wendy Robinson      cwendywalk@aol.com

- **Please contact the host to RSVP at least one week before each dinner so that she can plan accordingly.**
- Please bring a bottle of your favorite beverage (alcoholic or not) to share with the group. Cost per person is \$10 paid to the hosts. Hosts will print copies of all recipes for the dishes we prepare for everyone to take home.

Your Committee Chair, Lisa Walker.

Questions? Phone 473-0075 or e-mail [LWalker@vtc-sm.org](mailto:LWalker@vtc-sm.org)

Hand and Foot Canasta is an American version of the original South American card game. It is easy to learn and fun to play. Our group meets the 4th Friday of each month at 9:30 a.m. We brown bag our lunch and are usually finished by 1:00.

Our summer schedule is:

June 27th at the home of Kathi Pettersen

July 25th at the home of Dee Carlson

August 22nd at the home of Linda Lidberg



Please arrange for your own substitute if you are unable to come. Contact Debbie Audet at 550-8910 if you would like to join the group or if you would like to be on our list of substitute players.

## Night Readers

The evening book club has a full schedule for the summer months, full of good book choices. On June 10, at 7:00 pm we will meet at the home of Maurina Kusell to discuss Khaled Hosseini's latest novel And the Mountains Echoed. The characters span through the generations, with interlocking stories that begin in a village in Afghanistan but eventually involve descendants and acquaintances from around the world, including Paris, Greece, and San Francisco. The book choices for July 8 and August 12, respectively, are Habits of the House by Fay Weldon and Ken Follett's Winter of the World.

The evening book club is currently filled to capacity.

Sandra Ku, chairperson.



## Theater Program Notes

Forever Plaid will soon be forever a memory. I hope you enjoyed experiencing the sound of 50's rock & roll.

How *is* your memory? Do you remember that Oklahoma, **Wednesday, July 16**, is a **1:30 matinee**? Hitch your surrey early; I'll hand out your tickets at the door starting about 1:00.

Watch for emails and branch newsletter notes on up-coming events at PCPA, CalPoly, and The Clark Center. I plan to offer a variety of theater and concert opportunities.

It's fun to go with AAUW.

Judy Zaretska



## AAUW QUILTERS

Did you know that our Branch has a quilting group? Well, we do! They meet each week on Thursday afternoons in members' homes and work on their own projects, chat, and have a wonderful time stitching. You are welcome to join our group.

In August we will begin making items for the November Bunco Night Boutique. Please consider joining us as often as you like. You don't need to be a quilter — we need people who can sew on buttons, stitch up an opening, stuff something, or cut something. We also appreciate ideas for Boutique items!

For more information call Gaye Peltzman.



## Donations for AAUW Scholarships are Tax-deductible



Four outstanding senior girls received Five Cities-Pismo Beach AAUW scholarships which will be paid as soon as we have received their college enrollment verification. These annual scholarship awards are funded primarily from a portion of our branch's fundraising events, which are apportioned among our branch's various projects.

All donations designated for scholarships are tax deductible. The Five Cities-Pismo Beach AAUW Scholarship Committee is an actual corporation that is registered with the CA Secretary of State and the IRS as a 501c-3.

A separate scholarship bank account with the investment firm, Morgan Stanley, is set aside for the purpose of growing an endowment to provide scholarships out of the Investments' annual interest payouts. The current investments amount to 50% of our endowment goal of \$100,000.

As one fiscal year ends and the next begins, please consider how you can help the Five Cities AAUW endowment fund increase. Consider whether you are able to donate possibly \$50 or \$100 annually or \$25 monthly or to specify AAUW Scholarship Endowment in your estate planning.

Judy Zaretzka, CFO for Scholarship Committee

For summer reading, the **Daytime Book Club** has chosen the following titles:

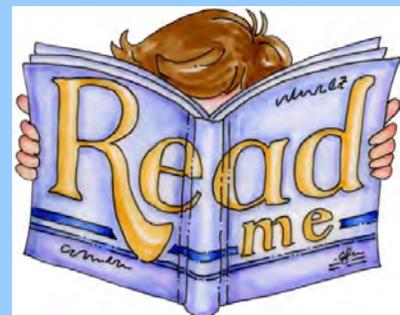
**For July** on vacation!

On **August 1<sup>st</sup>** (Jean Slater hosts) we will discuss ***Night Circus*** by Erin Morgenstern. "The circus arrives without warning. No announcements precede it. It is simply there, when yesterday it was not. Within the black-and-white striped canvas tents is an utterly unique experience full of breathtaking amazements. It is called *Le Cirque des Rêves*, and it is only open at night. But behind the scenes, a fierce competition is underway: a duel between two young magicians, Celia and Marco"

**September 5<sup>th</sup>** ( Mo Biggs hosts) takes us to a light and fun book to finish off the summer. ***Still Foolin' 'em*** by Billy Crystal. "Hilarious and heartfelt observations on aging from one of America's favorite comedians as he turns 65, and a look back at a remarkable career." Sounds like fun doesn't it?

Join us for lunch (brown bag) and a friendly discussion at 11:30 am of this diverse collection of good reads.

Call Patti Melsheimer for additional information.



## AAUW Lunch Bunch

Please consider joining the lunch group any time. All branch members are welcome to join us! Attend when it is convenient for you! Enjoy lunch and stimulating conversation--

**Thursday, July 3, 2014 at 11:30 a.m.**

Et Voila Restaurant

12304 Los Osos Valley Road (Bear Valley Center between Honda and Toyota)  
San Luis Obispo (805) 544-3663

Join us in Bear Valley for a very French afternoon of fine food! Chef Jose Dahan said he will be happy to see us, and recommended that we check [www.etvoilarestaurant.com](http://www.etvoilarestaurant.com) for that week's lunch menu. On Mondays--when the restaurant is closed--Chef José takes a serious look at the weather and at what's fresh on the farms and at the dock in order to prepare the menu for the week. Instead of a fixed menu, the menu changes according to the season, the market, and the chef's mood. Cooking is in his genes. A native of Toulouse, France, José began preparing food under the watchful eyes of his restaurateur parents at the age of six. José was professionally schooled in Paris where he spent six years at restaurants such as Le Relais Paris Est and Lucas Carton.

**AND**

**Thursday, August 7, 2014 at 11:30 a.m.**

The Willow

12304 Willow Road (off 101 at Willow Rd. exit, near Pomeroy)  
Nipomo (805) 929-0342

Select from a wide array of appetizers, soups, salads, burgers, pizza made in-house, veggie wrap or fish tacos from the unique and varied menu of Willow. Open since August of 2013, Willow offers both outdoor and indoor dining, and we hope to eat on the patio under their large umbrellas, weather permitting. Join us for a relaxing and enjoyable summer day!

Looking forward to our get togethers. Please call Kathi Pettersen – 474-9149 if you are attending, or to carpool. If you need to reach me on the day of the luncheon, my cell is 650-678-0148, though I prefer RSVPs to my home number or email ([kcpettersen@msn.com](mailto:kcpettersen@msn.com)).





Like many of us, I've watched with horror as the days have stretched on without any news on the kidnapped Nigerian girls' whereabouts. Though comforting to know many of them are still alive, the video footage released earlier this week only intensifies the need to #BringBackOurGirls.

**At times like these, I am reminded of the power we can have when we combine our voices to make change – in addition to joining the Twitter conversation to #BringBackOurGirls, we can help protect women and girls worldwide by urging our representatives to support the International Violence Against Women Act (I-VAWA).**

I-VAWA would support proven strategies to prevent and respond to violence against women and girls, and it would bolster the efforts of women and men around the world who are working to reduce gender-based violence in their communities.

Many of the I-VAWA programs help women and girls do things we so often take for granted: go to school – as the kidnapped Nigerian girls were doing; earn an income to take care of their families; collect food or water without fear of rape; and bring perpetrators of abuse to justice. I-VAWA would increase the effectiveness of existing U.S. foreign policy to end and respond to violence against women and girls around the world.

Throughout 2012 and the beginning of 2013, your persistent advocacy helped pass a comprehensive Violence Against Women Act (VAWA) that will protect all survivors, including Native American and immigrant women; lesbian, gay, bisexual, and transgender individuals; and students on college campuses. However, VAWA only helps survivors in the United States – that's why Congress needs to pass the International Violence Against Women Act, known as I-VAWA.

**Contact your representative and senators today: Their support of I-VAWA could change the lives of millions of women and girls around the world, so we need them to take this important action!**

When implemented, I-VAWA would help put an end to the fear, pain, and suffering experienced by countless women and girls globally. AAUW joins the rest of the U.S. and the international community in praying for the safe return of the kidnapped Nigerian girls – I hope you will join us in urging Congress to pass I-VAWA so we can prevent these tragedies in the future.

Thank you,  
Lisa M. Maatz

**Check out these topics on the AAUW National Website:**

**Motherhood, Race Factor into Lesser Salary for Some Women**

<http://www.aauw.org/2014/06/12/motherhood-race-pay-gap/>

**The Childcare Conundrum**

<http://www.aauw.org/2014/05/27/the-child-care-conundrum/>

**Have this with your cupcake: Betty Crocker was a feminist!**

<http://www.aauw.org/2014/06/12/the-real-betty-crocker/>



## **SUPPORT YOUR AAUW BRANCH WITH BUSINESS ADS and PERSONAL GREETINGS**

We are already working on the business ads and personal greetings for the monthly Waves newsletter and our branch's 2014-2015 Membership Directory. We are hoping to receive renewals from all of our previous advertisers, acquire additional ads from new advertisers and fill up several pages in our branch directory with personal greetings from our members.

If you have been advertising in our monthly newsletter and annual directory, thank you! Please renew for the coming year. If you have a business or frequent a business (financial adviser, bank, doctor, dentist, chiropractor, fitness club, hair-dresser, manicurist, restaurant(s), clothing store, dry cleaner, dog groomer...) please encourage them to advertise in our monthly newsletter and annual membership directory.

For those of you who are retired or do not have a business, we have an easy and creative way for you to help our AAUW branch. You can place a personal greeting (4 ½" H x 4" W) in our 2014-2015 branch directory. Create a personal greeting: in honor of friend or family member, in memory of a loved one, in honor or memory of an AAUW member — because it helps your AAUW branch!

**Business card ads and personal greetings are \$50. Use the form on Page 4 of this newsletter to submit your ad. The deadline to submit your business card or greeting is Friday, July 25<sup>th</sup>.**

Thank you,  
Andi Portney





Five Cities-Pismo Beach (CA) Branch

P.O. Box 1604  
Pismo Beach, CA 93448

**BUSINESS CARD AD & PERSONAL GREETINGS**  
**WAVES NEWSLETTER**  
**and**  
**MEMBERSHIP DIRECTORY**

**Name:**

**Address:**

**Phone:**

**Email:**

- Yes, I would like to RENEW my business card ad for 2014-2015
  - Please use the same business card/artwork from last year
  - Please use the NEW business card enclosed  
(1 business card required)
- I am a 1st time advertiser and would like to submit a business card ad for 2014-2015
  - Please use the business card enclosed  
(1 business card required)
- I would like to place a personal greeting in the 2014-2015 Directory  
1/2 page (4 1/2" H x 4" W)
  - I am attaching camera ready artwork of my greeting
  - I am attaching my message. Please create camera ready artwork for me

**ALL BUSINESS ADS and PERSONAL GREETINGS - \$50.00**

**DEADLINE – Friday, July 25, 2014**

Please complete and return this form by the deadline.

Include a \$50.00 check payable to **AAUW Five Cities-Pismo Beach**.

Send to:

Andi Portney  
425 Emerald Bay Drive  
Arroyo Grande, CA 93420  
PH: 805-481-4111

*Thank you! With your generosity, the Five Cities Pismo Beach branch of AAUW  
will continue its work to advance equity for women and girls through  
advocacy, education, philanthropy and research.*