



Volume 35, No. 8

Five Cities – Pismo Beach (CA) Newsletter

April 2014

Newsletter Editor: [Linda Lidberg, lswl@aol.com](mailto:lswl@aol.com)

<http://fivecitiespismo-beach-ca.aauw.net>

Presidents' Message

Leadership Challenge What is Our Responsibility? What Role Will You Take?

As an organization we have a commitment to our community and ourselves to fulfill our mission, follow our bylaws and policies, and provide opportunities for leadership within our organization and in the community. Our mission of **advancing equity for women and girls through advocacy, education, philanthropy and research can only be achieved if we have a viable organization.**

What makes a viable organization? Local leadership and that means members of our Branch must step up and assist in the guidance of our Branch.

The following officer positions are currently open and necessary for our Branch to function effectively.

Vice President Membership: Initiates and coordinates branch recruitment efforts. Coordinates branch social events and new member orientations. Keeps an accurate list of branch members, working with the treasurer to keep the membership directory current and accurate. Ensures that branch records match AAUW membership records; and works with AAUW staff to correct errors.

Vice President Programs: Incorporates AAUW and AAUW-CA program themes and priorities into the branch program and creates a branch calendar of programs that fulfill AAUW's mission. Delegates responsibilities for each program, including but not limited to: securing meeting space, publicity, branch newsletter articles, gaining board approval for speaker honoraria, providing for speaker's equipment, and arranging hospitality refreshments. Prepares a program agenda and introduces programs at the general meetings.

President Elect: The president-elect is the elected president for the succeeding year and succeeds to the office without further election. To qualify for this position, the president-elect must have served as a board member at some time. This position serves as a learning role for the next year.

Tech Trek Chairperson: Supervises fundraising for scholarships, and the selection and registration of the branch's Tech Trek recipients. Acts as liaison between the local AAUW branch and the director(s) of the local Tech Trek camp(s). This includes reporting the number of girls to be sent (October), amending as necessary, sending in funds in a timely manner (by March 1, working with branch treasurer) and ensuring a good understanding of the camp procedures by reading the state information carefully when it is sent in November.

Currently, there are candidates for the offices of President, Treasurer, Secretary and Vice President AAUW Funds. The Scholarship Chairperson position is also filled. However there are opportunities of leadership that are unfilled. Your skills and talents as an AAUW member are needed now.

**Ask not what AAUW can do for you, but what can you do for AAUW?
If not now, when?**

Check off your preferred position of leadership and contact Nominating Committee Members: Mo Briggs, Alice Addison, Patti Melsheimer, Judy Zaretska, Rose Ann Steiner. Please reference Directory for contact numbers.

Marilyn Corey and Jean Burns Slater, Co Presidents and Co Presidents Elect 2013-2014

CALENDAR — April 2014

3	Lunch Bunch	11:30 am
3	Daytime Book Group	11:30 am
5	Book Sorting	10:00 am
7	Board Meeting	7:00 pm
8	Equal Pay Day	
8	Night Readers	7:00 pm
10	Book Sorting	1:00 pm
17	Finessing Fems Bridge	12:30 pm
21	General Meeting	7:00 pm
22	Book Sorting	1:00 pm
25	Hand and Foot Canasta	9:30 am
26	Cooking Together	5:30 pm
28	Great Decisions	7:00 pm



Deadline for PCPA tickets is May 18th

Membership Renewal is due by June 15th

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Scholarships

**TECH TREK & HIGH SCHOOL
SCHOLARSHIPS AWARDS NIGHT**
APRIL 21, 2014 7:00 PM
St. John's Church
959 Valley Road, Arroyo Grande
(Los Berros Road Entrance)



Tech Trek and College Scholarships will be awarded at our April 21st Branch Meeting. This event will be held at St. John's Church in Arroyo Grande. Members and guests should arrive by 7:00 p.m., and the program will begin as soon as guests have been signed in by the committees.

Tech Trek is a math and science camp for girls entering 8th grade held each summer on college campuses across California. The Tech Trek scholarship recipients from the Five Cities-Pismo Beach Branch of AAUW will attend the week-long, residential camp at UCSB from July 27th to August 2nd. The 2014 recipients will be introduced, and 2013 Tech Trek campers will describe their Tech Trek experiences.

Tech Trek finances are handled by the Special Projects Fund (SPF) of AAUW California, a 501 (c) (3) entity which accepts tax deductible donations. In addition to branch fundraising, scholarships are funded by local corporations and service groups and donations from AAUW members and other local residents.

The Tech Trek Committee is co-chaired by Liz Wineman and Sue Singer. Committee members are: Susan Archdeacon, Judy Gabriel, and Jane Pittenger. Special thanks goes to Sandra Ku for her invaluable assistance in arranging the Superintendent's Office for interviews and for working with the Committee on Interviewing Day.

The Pismo Beach-Five Cities AAUW Scholarship Committee will also be presenting the recipients of the 2014 Academic Scholarships at the April 21st meeting. The recipients are deserving high school girls graduating from Arroyo Grande High School and Nipomo High School.

The Scholarship Committee is a 501 (c) (3) entity, dedicated to providing scholarships to senior women in the Lucia Mar Unified School District. The goal of the Scholarship Committee is to establish an endowment of at least \$100,000, which will provide a minimum of two \$1,000 scholarships annually in perpetuity. Each year, monies may be contributed to either the endowment or to local scholarship funds.

The Scholarship Committee this year is comprised of eleven active members. Judy Leonard and Priscilla Alquist co-chair this committee. Judy Zaretska is the Chief Financial Officer, Maureen Kelly is Vice-President and Pat Muhlethaler is Secretary. Members at large include: Debbie Audet, Elvera Hornung, Beth Hutton, Kathi Pettersen, Andi Portney, and Nancy Kington.

A social time will follow after the presentations, and members are invited to speak with the High School and Tech Trek scholarship recipients and their families. This uninterrupted social time will allow us to focus on the girls and their families and to celebrate their achievements.

TECH TREK & HIGH SCHOOL SCHOLARSHIPS AWARDS NIGHT

Tech Trek Seeks New Chairpersons

Every April our branch has enjoyed meeting our Tech Trek campers: young women 12 to 14 years old who have already spent a week at UCSB or are about to embark on that adventure. Over the years we have heard of the impact of Tech Trek on the campers and sometimes on their entire family, as well.

Now, after 10 years as Tech Trek co-chairs, Sue Singer and Liz Wineman will step down at the end of the year. They will leave a solid framework to guide new chairpersons and will remain as mentors.

Please help continue this program, which perhaps more than any other of our activities, embodies the goals of AAUW by touching the lives of women to help them envision their potential.

For questions, please contact Liz Wineman.



DON'T TRY TO BE THE FIRST

to send your dues (5 members beat you to it!)

Do try to be the **next**. The 2014-2015 Membership Renewal form is in this newsletter. (See Page 14)

Please print it out and ensure that we have your correct email and phone numbers for updating our directory. Add your dues payable to AAUW Five Cities and mail it to the address on the form or hand it to Judy Zaretska.

If you know any friends whom you might encourage to join our Branch, pick up a few membership brochures to share. This is a perfect time to invite them to attend our April 21 Meeting to see the culmination of our local vision with the awards of AAUW camperships and scholarships.

Judy Zaretska, VP Membership


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Night Readers

Night Readers: We will be meeting next at the home of Joyce Fluaitt on April 8 at 7 pm, for a discussion of the Elizabeth Benedict book What My Mother Gave Me. It is a collection of short essays by 31 women as they attempt to express an important “gift” that their mothers had given them in their life time. It examines poignant memories, relationships, and meaningful moments these women shared. It might be a good time for our members to reflect on a similar memory they have of their own moms. Looking ahead, the chosen book for May is Alice Munro’s Nobel Prize-winning Dear Life. The Book Club is currently filled to capacity. – Sandra Ku, chairperson

Women in History a Success

Thanks to the efforts of four brave women, the Women in History for the Five Cities Branch was a rousing success! Kathy Cohon, Abby Adams, Sandy Pitt and Pam Zirion all stepped up to the plate to become Alice Park, Dame Daphne Sheldrick, Julia Morgan and Dorothea Lange to enlighten and entertain 4th, 5th, and 6th grade students.

We spoke at eight different schools in Lucia Mar District and gave 27 presentations! Amazing ladies!!

Thank you all for coming forward and donning “alter egos” to educate our children about the strength and determination of these women who indeed changed history.

Pam Zirion



KEEP THOSE BOOKS COMING! COME SORT WITH US!

The 2014 Book Sale sorters now have a start in all genres. Thanks to those who sorted in February (15 on 2/1 and 12 on 2/18) and those sorting on March 6 and 22, the time flies by. We are almost out of books to sort so we stress the need for all members to gather books-bags-boxes and bring them to the April sortings at Judy Gabriel's garage. Remember, if you see a book you want to buy, you have early purchase rights when sorting. Marilyn is keeping track of those sales already.



So come join us for any or all of our sortings:

April sortings:

- ★ Saturday, April 5 from 10am-noon
- ★ Thursday, April 10 from 1-3pm
- ★ Tuesday, April 22 from 1-3pm
- ★

May sortings:

- ★ Saturday, May 3 from 10am-noon
- ★ Tuesday, May 6 from 1-3pm
- ★ Wednesday, May 14 from 1-3pm.

Thanks to Debbie Audet and Sharon Lowell, we have started publicity in the local media, and we distributed book marks at the Madonna Inn SLO County IBC AAUW Luncheon. So we have been getting calls from people outside our branch to come pick up books. If you can help pick up books please let Dee Carlson or Pat Muhlethaler know. Thanks to Dee and Pat for listing their phone numbers on the book marks. We need our members to continue to distribute book marks, post flyers around the area, and bring books, boxes, and bags to the sortings. Of course, come have fun sorting -- you can sit and sort, so you don't have to lift and carry. Thanks especially to Judy Gabriel for her garage.

The book sorting ends May 14 or earlier if we have enough books. The BIG AAUW BOOK SALE is Saturday, May 17, 2014 from 9 am - 3 pm in the Arroyo Grande K-Mart Parking Lot. Linda Lidberg is filling up the chart of workers for the sale day -- thank you, Linda. This is our biggest fundraiser, so everyone can play a part, whether collecting, sorting or selling books.

Alice Addison and Judy Gabriel, 2014 Book Sale Co-Chairs




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AAUW Lunch Bunch

Please consider joining the lunch group this month. All branch members are welcome to join us!

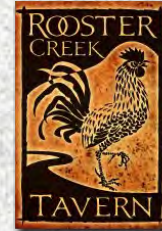
Attend when it is convenient for you! Enjoy lunch and stimulating conversation--

Thursday, April 3, 2014 at 11:30 a.m.

Rooster Creek Tavern

200 East Branch Street, Arroyo Grande

(805) 489-2509



Let's explore the historic Village of Arroyo Grande....reminiscent of Napa in the 50s, right in our backyard. After lunch, you may explore all of the charming shops on the street. If you dare, you may wish to walk over the oldest swinging bridge in California, located next to the restaurant. You can choose from an array of appetizers, sandwiches, pizza or salads including a salmon salad, a "rooster" salad (no rooster involved in ingredients!) or their famous beet salad, which everyone is talking about. Or the home made meatball and vegetable soup made up of stewed carrots, yellow & green squash, onion, tomato and potatoes, then simmered in a beef broth

See www.roostercreektavern.com for a complete menu. Here's a note from General Manager Daryl Cope and his staff, from the website: "We are situated on the Arroyo Grande Creek. We are entertained daily by the not-so-distant crows of the local roosters who make the banks of the creek their home. Our menu has an array of items to please every palate. We grill over wood fire that seals in natural juices and imparts a rich, smoky flavor, and our wood-fired pizza oven turns out a wide variety of artisan style pizzas made to order with our made-fresh-daily, hand tossed pizza dough."


(For those of you who attended the March Lunch Bunch where we discussed trying the Ember on Grand--it isn't open for lunch yet.)

Please call Kathi Pettersen – 474-9149 if you are attending, or to carpool. If you need to reach me on the day of the luncheon, my cell is 650-678-0148, though I prefer RSVPs to my home number or email (kcpettersen@msn.com). Looking forward to our get together!



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FINESSING FEMS BRIDGE



This month Finessing Femmes bridge group will meet at the home of Elvera Hornung on April 17, 2014. Elvera will call to make sure you are available for that date.

May bridge will be in the home of Jane Pittenger on May 15, 2014.



Cooking Together – Next Event

Please join us for our next dinner in April at 5:30 p.m.

April 26, 2014 at the home of Ann Sawyer

teachreach@charter.net



- Please contact the host to RSVP at least one week before each dinner so that she can plan accordingly.

- Please bring a bottle of your favorite beverage (alcoholic or not) to share with the group. Cost per person is \$10 paid to the hosts.

Hosts will print copies of all recipes for the dishes we prepare for everyone to take home.

Your Committee Chair, Lisa Walker.



Hand and Foot Canasta: Our next meeting will be at the home of Dee Carlson on Friday, April 25th, at 9:30 a.m. Bring a lunch; drinks and dessert will be provided. Please arrange for your own substitute if you are unable to come. Contact Debbie Audet at 550-8910 if you would like to join the group or if your list of substitute players has gone missing. We donate \$3.00 and give first and second prizes for high scores.

CHASE

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A Scholarship Thank You Note

The Scholarship Committee recently received this thank you note from 2009 scholarship recipient, Allison Portney. She epitomizes young women who are leaders and visionaries. Yes, we do make a difference in young peoples' lives!



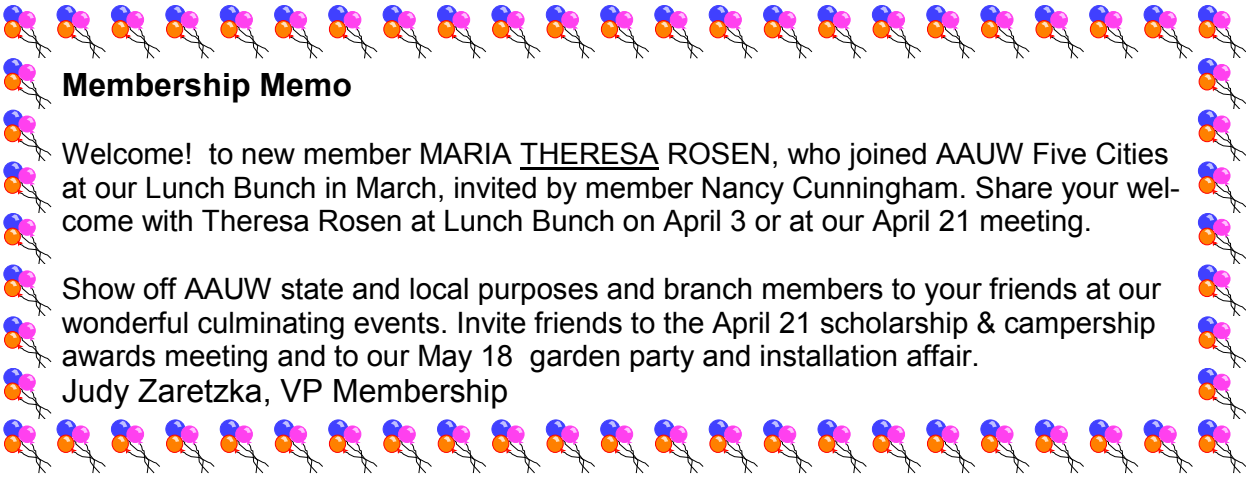
I was the recipient of an AAUW scholarship in 2009. I wanted to thank you again for your investment in my education. In June of 2013, I graduated from UCLA with a Bachelor's of Science in Anthropology. I received Departmental Highest Honors on my diploma. I also earned minors in Gerontology and Public Health.

While at UCLA, I was a founding member of the Alpha Chi Omega sorority on campus. Instead of going abroad, I spent a quarter in Washington, D.C., where I interned for the American Red Cross and wrote a research paper about the organizational response to the 2010 earthquake in Haiti. During my junior year, I was one of eight students selected to do a research paper of my own design. I worked on this project for two years. In the end, my research was published in a national student journal and I made a presentation in front my department detailing my findings. In addition, I was the Community Service Chair for UCLA's chapter of the Mortar Board Honor Society, where I enjoyed putting on service events all year.

This fall, I moved to New York City to attend Columbia University. I plan to earn a Master's in Public Health, focusing on Epidemiology. I hope to work in the field of infectious disease control and prevention.

Thank you for your generous scholarship.

**Sincerely,
Allison Portney**



Membership Memo

Welcome! to new member MARIA THERESA ROSEN, who joined AAUW Five Cities at our Lunch Bunch in March, invited by member Nancy Cunningham. Share your welcome with Theresa Rosen at Lunch Bunch on April 3 or at our April 21 meeting.

Show off AAUW state and local purposes and branch members to your friends at our wonderful culminating events. Invite friends to the April 21 scholarship & campership awards meeting and to our May 18 garden party and installation affair.

Judy Zaretska, VP Membership

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GREAT DECISIONS

The Great Decisions group will meet on **Monday, April 28, 2014 at 7:00 PM** at Mary Jo Aspinall's home (330 Leeward, Shell Beach). The topic of discussion will be **Islamic Awakening**. We will watch a DVD on the subject and then discuss the information. Guests are welcome to attend.

For questions call Chairwoman, Mary Jo Aspinall, at (805) 556-0193.



They say March comes in like a lion – and considering everything that happened this week, I think they're right!

In this week's issue of *Washington Update*, you'll find information about new proposals from the Obama administration on overtime pay and for-profit colleges; a just-announced bipartisan Senate deal to retroactively extend unemployment insurance; a state paycheck fairness bill that unanimously passed the New Hampshire Senate; and early reports that the Senate is expected to vote on the Paycheck Fairness Act and a federal minimum wage increase – two major AAUW priorities – sometime in April.

If this week's events show us anything, it's that lawmakers across the country are finally starting to talk about – and in some cases, take real, meaningful action on – issues that affect women and girls. That means it'll be up to you to hold your elected officials accountable and make sure they talk the talk and walk the walk.

We'll keep you posted as developments unfold, and we promise to give you opportunities to make your voice heard in your community and in Washington, D.C. We hope you'll also share with us any activities you're organizing on these policy issues, and for Equal Pay Day as well. Together, let's make the most of this moment and send March out like a lion, too!

Yours in AAUW,
Lisa M. Maatz
Vice President of Government Relations

The One Thing You Must

Who's your boss? You may think you know, but a 2013 Supreme Court ruling changed the definition and threatens to take away your civil rights at work in the process. Tell Congress that you want your workplace rights back.

But Because You Want To Do More...

Do you know your rights at work? Are you sure? Check out the AAUW Legal Advocacy Fund's *Know Your Rights at Work* resource to learn more –and don't forget to share it with your friends and family

More News from Washington:

On February 23, the AAUW Board of Directors approved a new Strategic Plan to fulfill our mission. You can read the full document online. States and branches are encouraged to embrace the plan's vision and build their own strategic plans.

<http://www.aauw.org/resource/strategic-plan/>

Equal Pay Day (Tuesday, April 8) is right around the corner,

The Simple Truth about the Gender Pay Gap. You can download the report online <http://www.aauw.org/research/the-simple-truth-about-the-gender-pay-gap/>



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AAUW Daytime Book Group

All members of our branch are warmly invited to join us the first Friday of each month. We meet in members' homes, bringing our own lunches and enjoying dessert provided by the hostess. We try to choose books that are available in the local public libraries so that belonging to the book club is not too expensive.

If you would like to join us for the April 3rd meeting, our book of choice is *The Reluctant Fundamentalist*, by Mohsin Hamid.

Please call Patti Melsheimer or Susan Gray for additional info.



Hurry! Hurry! Jump on the Surrey

(with the Fringe on the Top)!

performed at PCPA Theater at Hancock College

Mark your calendar for

OKLAHOMA July 16 matinee

but first ink in--

FOREVER PLAID June 19 evening

AAUW price: \$20/ticket Payable to AAUW Five Cities
(Please note on check memo the amountt for each show.)

Mail or hand check to Judy Zaretska by May 18.

HAPPY
EASTER

AAUW Five Cities-Pismo Beach 2014-2015 Membership Renewal

Our mission and focus:

“Advancing equity for women and girls through advocacy, education, philanthropy and research.”

Welcome and thank you for joining the Five Cities Pismo Beach Branch of AAUW for another year

You will advance the AAUW Mission while making new acquaintances and renewing long term friendships.

- ★ Dues are **\$90** through June **2015**. Dual branch members pay only \$25 for Five Cities Branch dues.

_____ Dual member (Branch name) _____ (State) _____

_____ Check here to order a new name tag or replacement name tag. Include additional **\$10**.

_____ Check here to request the newsletter mailed to you. Include an additional **\$10/yr.** to receive a mailed newsletter. (All members with e-mail receive the newsletter directly.)

- ★ Make checks payable to AAUW Five Cities-Pismo Beach.

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- ★ Please return this form with your annual dues and any supplemental payments by **June 15** to:

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If your demographic information is the same as last year, simply fill in your name only. **Update new info.**

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Address: _____ ZIP _____

Phone: _____ Cell: _____

Email: _____

Degree(s), College/University, & Major (Use the additional lines for additional degrees.)

Birthday (Month/Day): _____ Spouse's Name: _____

This year you may consider joining an additional section to meet new friends and explore new interests.
Activity Interests: Circle interest sections that you might like to participate in or wish to learn about.

- | | | | |
|-------------------------|------------------------------|-------------------------------------|------------------------------|
| Hospitality at meetings | "HerStory"(Women in History) | | |
| Great Decisions | Adopt-a-Poll | Public Policy Issues | Reading is Fundamental (RIF) |
| Bridge | Lunch Bunch | Tech Trek | Scholarship |
| | | | Cooking Together |
| Book Sale | Book Section, Daytime | | Book Section, Evening |
| Hand & Foot Canasta | Diversity | Education Foundation/Legal Advocacy | |
| | Theatre/Concert Group | | Craft/Sewing Group |